

## **ABOUT US...**

The Fox River Grove Recreation Council (FRGRC) is committed to providing the youth of our community with an opportunity to develop physically, socially, emotionally, and intellectually through participation in organized athletics.

Participation in sports helps to develop beneficial lifetime skills. Specifically, the elements of self-control, discipline, and commitment are developed and practiced. Participants are encouraged to make the right decisions and choices in sports as well as the right decisions and choices in life.

**The FRGRC is composed entirely of volunteer members  
and is a qualified 501c3 organization.**